


BREAKFAST PRODUCTS & THEIR ALLERGEN CONTENT

Our foods are freshly prepared in a clean, busy kitchen, so we can't guarantee our food is 100% allergen free. Please take care and speak to our team about our ingredients before you order your food and drink.

Please remember to check our packaging for allergen information and to check for changes from time to time - the last thing we want is for anyone being allergic to eat by mistake on an ill-fated day. If you have any further queries please don't hesitate to contact us at help@farmers.com or speak to a member of our team.

☑️ Does not contain dairy ☑️ Does not contain gluten ☑️ Vegetarian ☑️ Vegan

													
CELERY	CEREALS CONTAINING GLUTEN <small>Wheat, Wheat products, Barley, Oats, Spelt or Kamut</small>	CRUSTACEANS <small>Shrimp, Crabs, Lobster, Crayfish</small>	EGGS	FISH	LUPIN	MILK	MOLLUSC <small>Clams, Mussels, Whelks, Oysters, Snails and Squid</small>	MUSTARD	NUTS <small>Almonds, Hazelnuts, Walnuts, Pecans, Brazil, Pistachio, Cashew and Macadamia</small>	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE <small>Sulphur Dioxide, E122, E129, E130, E131, E132</small>

PRODUCT	INGREDIENTS	TAGS	ALLERGENS	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE
Croissant	Wheat Flour, butter, sugar - Egg Wash	V	Cereals containing gluten, Milk, Egg		✓		✓			✓							
Dark Chocolate	Wheat Flour, butter, sugar, plain chocolate - Egg Wash	V	Cereals containing gluten, Milk, Egg		✓		✓			✓							
French Croissant	Wheat Flour, butter, sugar, plain chocolate - Egg Wash	V	Cereals containing gluten, Milk, Nuts, Egg		✓		✓			✓			✓				
Cheddar Slice	Wheat Flour, Freshened, sugar, eggs, milk, multi-grain sugar, salt, yeast	V	Cereals containing gluten, Milk, Egg		✓		✓			✓			✓				
Choc. Almond Croissant	Wheat Flour, butter, sugar, almonds, plain chocolate - Egg Wash	V	Cereals containing gluten, Milk, Nuts (Almond), Egg		✓		✓			✓			✓				
Almond Macarons	Sugar, Ground Almond, Butter, Egg, Full Fat Cream, Vanilla, Flour, Baking Powder, Vanilla Essence	V	Cereals containing gluten, Milk, Nuts (Almond), Egg		✓		✓			✓			✓				
Chocolate Mince Macarons	Sugar, Ground Almond, Butter, Egg, Full Fat Cream, Vanilla, Flour, Baking Powder, Vanilla Essence, Cocoa Nibs, Rose Cassis	V	Cereals containing gluten, Milk, Nuts (Almond), Egg		✓		✓			✓			✓				

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Farmer's Pan-Fat	Coconut oil, sugar, vanilla, brownie, jam, ground seeds, granola - Gluten Free oats, poppy seeds, apricots, honey, butter, golden syrup, soft brown sugar, pumpkin seeds	☑️ V	Dairy / Milk (Butter)							✓							
Almond Porridge	Dairy, Almond Milk, Water	☑️ V / Vg	Cereals containing gluten (Wheat, Nut (Almond))		✓								✓				
Blue Health Porridge	Dairy, Flax Seed, R. Roasted Almonds (27%), Roasted Almond Flakes (3%), Coconut Oil, Brown Sugar, Sea Salt (0.3%), Almond Milk, Water	☑️ V / Vg	Cereals containing gluten (Wheat, Nut (Almond))		✓								✓				
Almond Butter with sea salt	Wheat, Coconut Milk (Coconut Extract 80%), Water (27%), Gluten Free Porridge Oats (2%), Red Quinoa, Brown Lentils (0.8%), Golden Linseed (0.8%), Coconut Honey / Maple - 99% Honey Net Vol, Coconut Milk	☑️ G / V / Vg															
NEW Porridge (Feb 2025) Pan-F	Wheat, Coconut Milk (Coconut Extract 80%), Water (27%), Gluten Free Porridge Oats (2%), Red Quinoa, Brown Lentils (0.8%), Golden Linseed (0.8%), Coconut Milk, Maple, Peanut Butter, Maple, Almond Milk, Salt	☑️ G / V / Vg															
NEW Porridge (Feb 2025) Coconut Chia	Wheat, Coconut Milk (Coconut Extract 80%), Water (27%), Gluten Free Porridge Oats (2%), Red Quinoa, Brown Lentils (0.8%), Golden Linseed (0.8%), Coconut Milk, Maple, Peanut Butter, Maple, Almond Milk, Salt	☑️ G / V / Vg															
NEW Porridge (Feb 2025) The Nutster	Wheat, Coconut Milk (Coconut Extract 80%), Water (27%), Gluten Free Porridge Oats (2%), Red Quinoa, Brown Lentils (0.8%), Golden Linseed (0.8%), Coconut Milk, Peanut Butter, Maple, Almond Milk, Salt	☑️ G / V / Vg	Nuts, Peanuts & Sesame										✓	✓	✓		
NEW Porridge (Feb 2025) Breakfast	Wheat, Coconut Milk (Coconut Extract 80%), Water (27%), Gluten Free Porridge Oats (2%), Red Quinoa, Brown Lentils (0.8%), Golden Linseed (0.8%), Coconut Milk, Chia, Apricot, Maple, Cocoa Nibs, Berries, Salt	☑️ G / V / Vg	Sesame												✓		