

FARMERS FERMENTS & JUICES

HOMEMADE CUCUMBER LEMONADE $\ominus / \text{G} / \text{V} / \text{Ve}$	2.50
CUCUMBER JUICE, FRESH MINT, APPLE & LIME , LESS THAN 2% SUGAR	
CUCUMBER KOMBUCHA $\ominus / \text{G} / \text{V} / \text{Ve}$	3.75
CUCUMBER JUICE, KOMBUCHA, MINT & LEMON	
CITRUS TURMERIC JUICE $\ominus / \text{G} / \text{V} / \text{Ve}$	4.95
ORANGE, LEMON, LIME, GRAPEFRUIT & TURMERIC	
GINGER & PINEAPPLE JUICE $\ominus / \text{G} / \text{V} / \text{Ve}$	4.95
APPLE, PINEAPPLE & GINGER	
FRESHLY SQUEEZED ORANGE JUICE $\ominus / \text{G} / \text{V} / \text{Ve}$	3.50
FRESHLY SQUEEZED GRAPEFRUIT JUICE $\ominus / \text{G} / \text{V} / \text{Ve}$	3.50

SMOOTHIES

HALE KALE $\ominus / \text{G} / \text{V} / \text{Ve}$	4.95
COCONUT WATER, PINEAPPLE, APPLE, KALE, GINGER & LEMON	
BERRY BLITZ $\ominus / \text{G} / \text{V} / \text{Ve}$	4.95
ALMOND MILK, MIXED BERRIES, HEMP PROTEIN, BANANA & COCONUT OIL	
NUT BUSTER $\ominus / \text{G} / \text{V} / \text{Ve}$	4.95
ALMOND MILK, ALMOND BUTTER, PEANUT BUTTER, TAHINI & DATE SYRUP	
CACAO POWER $\ominus / \text{G} / \text{V} / \text{Ve}$	4.95
ALMOND MILK, RAW CACAO, CACAO NIBS, TAHINI & DATE SYRUP	
HULK BULK G / V	4.95
MILK, PEANUT BUTTER, BANANA, HONEY & PROTEIN	
LEAN BEAN $\ominus / \text{G} / \text{V} / \text{Ve}$	4.95
OAT MILK, PROTEIN & VANILLA	
ADD WHEY OR HEMP PROTEIN	0.50