

## FARMER J FAVOURITES

Flank Steak & Eggs With Green Tahini, Chopped Salad & Grilled Veg	10.00
The Shak <sup>V</sup> / ADD CHORIZO FOR 1.00	9.00
Runny Eggs, Radish Chilli Salad, Feta & Laffa Bread	
'J' Plate	11.00
Smoked Salmon, Bagel, Cream Cheese, Herring, Chopped Egg, Tomato & Pickles	
Harissa Grilled Cheese Toastie	8.00
Harissa, Onions, Emmental, Cheddar, Pickles	
The 'J' Burger & Spiced Sweet Potato Wedges <sup>V</sup>	8.00
Grilled Cauliflower Steak, Portobello Mushroom, Aubergine & Green Tahini	
Loaded Banana Bread <sup>V</sup>	8.75
Warm Banana Bread, Tahini Drizzle, Strawberries and Bananas	
Sweet Sandwich	8.00
Chocolate Brownie, Vanilla Ice Cream, Halva Drizzle	

## BRUNCH COCKTAILS

Seasonal Bellini	8.50
Harissa Bloody Mary	8.50
Tomato Juice, Harissa, Horseradish, Worcestershire, Vodka, Sherry	
Michelada	6.00
Hot Sauce, Worcestershire, Spice, Mexican Lager, Chilli & Lime Seasoning	

## AVO' ON TOAST

The Classic Avo' <sup>V</sup> / ADD AN EGG FOR 1.00	7.00
Smashed Avocado on Toasted Sourdough with Coriander, Red Onion & Feta	
Vegan Avo' on Toast <sup>D/Ve</sup>	6.50
Smashed Avocado on Toasted Sourdough with Coriander & Red Onion	
Salmon Avo' on Toast	7.00
Chopped Egg, Avocado, Smoked Salmon on Toasted Sourdough	



## WEEKEND BRUNCH

AVAILABLE SATURDAY 9AM - 4PM

## FRUITS & GRAINS

Grain Bowl <sup>D/G/V</sup>	6.50
Granola, Coconut Yogurt, Berries, Tahini Date Syrup	
Seasonal Porridge	4.95
Ask our Team for Today's Toppings	

## SHARING

Farmers Breakfast <sup>V</sup>	15.00
2 Fried Eggs with Msabbaha, Harissa, Zhoug, Pickles, Freekeh Salad, Feta & Laffa, Chopped Salad, Grilled Turkish Chilli & Grilled Veg	
Sunday Spatchcock	24.00
Whole Roasted Cauliflower & Farmers Favourite Sauces', Spiced Spatchcock, Big Bunch of Veg, Freekeh Salad & Polenta Sweet Potato Wedges	

## SMOOTHIES & FRESH JUICES

ADD WHEY OR HEMP 0.50

Hale Kale <sup>D/G/V/Ve</sup>	4.95
Coconut Water, Pineapple, Apple, Kale, Ginger & Lemon	
Berry Blitz <sup>D/G/V/Ve</sup>	4.95
Almond Milk, Mixed Berries, Hemp Protein, Banana & Coconut Oil	
Nut Buster <sup>D/G/V/Ve</sup>	4.95
Almond Milk, Almond Butter, Peanut Butter, Tahini & Date Syrup	
Cacao Power <sup>D/G/V/Ve</sup>	4.95
Almond Milk, Raw Cacao, Cacao Nibs, Tahini & Date Syrup	
Vanilla Ice <sup>D/G/V</sup>	4.95
Almond Milk, Honey, Tahini & Vanilla	
Citrus Tumeric Juice <sup>D/G/V/Ve</sup>	4.95
Orange, Lemon, Lime, Grapefruit & Tumeric	
Ginger & Pineapple Juice <sup>D/G/V/Ve</sup>	4.95
Apple, Pineapple & Ginger	
Freshly Squeezed Orange Juice <sup>D/G/V/Ve</sup>	3.50
Freshly Squeezed Grapefruit Juice <sup>D/G/V/Ve</sup>	3.50

## ADD ONS

Eggs Poached or Fried <sup>D/G/V</sup>	1.00
Chorizo to The Shak	1.00
Grilled Veg & Wilted Spinach <sup>D/G/V/Ve</sup>	2.50
Smoked Salmon <sup>D/G</sup>	4.00
Mac N' Cheese <sup>V</sup>	4.50
Bread <sup>V</sup>	3.50
Sourdough / Bagel / White Bloomer With Peanut Butter, Marmalade or Marmite	
Chopped Salad <sup>D/G/V</sup>	3.50
Cucumber, Avocado, Tomato & Za'atar	
Polenta Sweet Potato Wedges <sup>D/G/V/Ve</sup>	3.00
Laffa Bag <sup>D/V/Ve</sup>	2.50
A Bag of Flat Bread that Forgot to Rise	
Farmers Sauces'	Free

Allergies & Intolerances: Please speak to our team about our ingredients before you order your food and drinks. Some dishes can be made Vegan, just ask. 12.5% discretionary service charge will be added to the bill. We are cashless.  
<sup>D</sup> Does not contain dairy | <sup>G</sup> Does not contain gluten | <sup>V</sup> Vegetarian | <sup>Ve</sup> Vegan